

Worried about an adult?

We want to make sure that adults who are living in Havering stay safe. Here are some things to think about if you or someone who you know is vulnerable .



Find out about Better Living support and adult social care [here](#)

Or call 01708 432000 during the office hours of 9am-5pm, Monday to Friday.

If it's an emergency & outside usual office hours call 01708 433999.



Find out about Mental Health

Telephone: 0800 995 1000 (Freephone)

Call for Mental Health help and advice anytime day or night. NELFT can arrange for an adult to speak with a mental health professional. They can also signpost to services and support.



Contact us:



Havering Adult Social Services Safeguarding Adults Team

Call: 01708 433 550

Havering Child Protection Team

Call: 01708 433222



In an emergency call 999

**For concerns about a child, report to:
Havering Child Protection Team Call: [01708 433222](tel:01708433222)**