

HSP Good Practice Guidance

Substance Use



Local learning in Havering shows us that we can support those who use substances, whom professionals find complex to engage, by prioritising communication and multi-agency planning. There will perhaps be concerns regarding exploitation, homelessness, or a dual diagnosis- a mental health concern and / or learning disability. Please follow this short guide to help these people

Five-point plan:

1. Practise assertive outreach;
2. Consider issues of Consent, Parental Responsibility and Mental Capacity;
3. Search for & Include all involved professionals/ agencies in planning Multi-Disciplinary Team meetings- Probation, Housing, Police, GP, BHRUT, ASC, Community Safety, Hoarding Coordinator etc;
4. Identify
 - a. a Lead Professional who has formed a good professional relationship with the service user and
 - b. supportive family member or friend;
5. Link with other plans and Panels- IOM, CMARAC, DVMARAC, Risk Management Plans.

Checklist

- A. How do we understand this person's voice? How can we involve Advocacy? Consider 1-1 sessions
- B. How do we understand the prognosis for this person, and what do they, their family / Next of Kin, friends and supports understand about it?
- C. How are we mapping networks and creating a shared history? How are we logging and analysing missed appointments?
- D. How is our regular MDT process? And how do we regularly review our plan?
- E. How do we have respond to fluctuating capacity? How can we maximise every contact counts?
- F. How can we encourage joint working to lessen worker fatigue or multiple appointments?

Escalation Guidance:

Children

<https://safeguardinghavering.org.uk/childrenpartnership/wp-content/uploads/sites/2/2023/11/Final-HSCP-Escalation-Policy-7-Minute-Briefing.pdf>

Adults

<https://safeguardinghavering.org.uk/adultsboard/wp-content/uploads/sites/3/2023/03/SAB-Escalation-Policy-7-minute-briefing.pdf>