

# RESTART

## What is Restart?

Restart provides early intervention for perpetrators causing harm in families working with Children's Social Care (CSC), to prevent continued abuse. The pilot takes a multi-agency approach, which includes working with housing teams to develop new accommodation pathways and supports CSC and housing professionals to feel more confident and capable in responding to domestic abuse.

## How Restart Works

The Restart Project aims to improve responses to perpetrators of domestic abuse in families that are being supported by CSC via a co-ordinated multi-agency response:

- 1. 4 week specialist early intervention case management and assessment for those causing harm with integrated support for adult victim/survivors**
- 2. Developing and trialling new accommodation pathways and models for perpetrators to give families the option to stay at home**
- 3. Supported referral onto a Respect Accredited DVPP (Domestic Violence Perpetrator Programme)**
- 4. Safe & Together training and support for children's social care teams**

## Referring Families to Restart

You can identify and refer cases to the early intervention service (1) based on the presence of 'early intervention risk markers' including, but not limited to:



**Verbal arguments/  
altercation**



**Individual at risk of  
perpetrating abuse,  
asked to leave and  
refused**



**Monitoring  
(phone checking,  
questioning children  
on partner's activities)**



**Early signs of controlling  
behaviours (e.g. isolation  
from friends/family, made  
to account for time)**



**Dispute over child  
contact**



**First physical assault**



**Damage to property**



**Anger issues**



**Willingness to engage**

## Referring Families to Restart

### Aligning Expectations

Following a referral, you and the specialist Case Manager will meet with the Service User to go over expectations around what the service is. If the service user consents, this will be followed by an assessment and development of an individual intervention plan.

### Workforce Development

Social workers/CSC practitioners referring into Restart have the opportunity to get Safe & Together training and benefit from tools, resources and coaching to help support your practice when working with families living with DVA. A Safe & Together Implementation Lead will be available to offer guidance to embed the model across social work practice.

### Accommodation Support

As part of the assessment and support process, if a temporary or longer term accommodation need is identified and in the best interests and safety of the family, Restart will work with you, the family and LA housing teams to help facilitate this. For some cases this may involve you attending accommodation panels with other professionals to work out the best available housing options and manage any associated risks to the family.

### Longer Term Work

In most cases, the service users will require longer term behaviour change work after the early intervention period and the team will support a referral into a DVPP or continue 1-1 support.

### Multi-agency Risk Management

It is essential for safe and effective practice that the victim and children of the service user are supported throughout the process through continued contact by CSC, multi-agency working and ongoing assessment and management of risks.

## How Can Restart Help?



**Providing specialist services working directly with perpetrators and victim-survivors**



**Identify and respond to issues in relationships at an earlier stage for families, improving safety and long-term outcomes for child/ren**



**Facilitate access to emergency and longer-term alternative accommodation for the abusive parent where required, allowing child/ren to remain safer at home**



**Prevent escalation of Children's Social Care intervention - reducing reoffending and reopening/ escalation of cases**

**If you think domestic abuse is a factor in a new assessment or for one of your active cases, contact [restart@cranstoun.org.uk](mailto:restart@cranstoun.org.uk) to discuss if Restart might be suitable or to make a referral.**