

7 minute briefings are based on research which shows that 7 minutes is the ideal time span in which to concentrate and learn. Havering Safeguarding Partnerships regularly produce 7 minute briefings as a quick and simple way to share learning in team meetings, supervisions etc. We hope you find them useful. **Please share widely.**

Resources

Find out about preventive support and adult social care [here](#) or call 01708 432000 during the office hours of 9am-5pm, Monday to Friday. If it's an emergency & outside usual office hours call 01708 433999. More information [here](#). Advice re daily living concerns from Peabody

Mental Health Freephone: **0800 995 1000**

Call for Mental Health help and advice any time, day or night. NELFT can arrange for an adult to speak with a mental health professional. They can also signpost to services and support. **Safeguarding Concerns Report the abuse of a vulnerable adult**

Background

In Havering, as in many other areas, safeguarding adults' referrals are received in the Adults MASH (Multi-Agency Safeguarding Hub). In 2022/23, the MASH received 6445 safeguarding concerns (referrals). 9% went on to a safeguarding adults Section 42 enquiry. We want to raise the proportion of referrals going to a Section 42 enquiry & improve the quality of those referrals. See HSAB Safeguarding Adults Referral Prompt Sheet [7 minute briefing](#)

Recognising

The **Care Act 2014** provides a legal framework for adult safeguarding. It places a statutory duty on Local Authorities to **carry out enquiries** (or cause others to do so) where an adult: **a)** Has needs for care and support; **b)** Is experiencing or is at risk of abuse or neglect, and **c)** As a result of those needs is unable to protect their self.



Aims of adult safeguarding

Prevent harm and reduce risk of abuse or neglect to adults with care and support needs; Stop abuse or neglect wherever possible; Safeguard adults in a way that supports them making choices and having control about how they want to live; Promote an approach that concentrates on improving life for the adults concerned.

(There is a broad spectrum of support in Havering aside from safeguarding. Explaining your rationale to refer, or not to refer a safeguarding concern (defensible decision-making) is key to making effective safeguarding adults)

Consent

Within any referral it is important to evidence that Making Safeguarding Personal (MSP) [here](#) has been considered, including holding a conversation with the individual about what they would like to happen. If the person, after the two-stage [Mental Capacity Act](#) test, is considered to lack capacity to make decisions, then Best Interests processes should be followed & Independent Advocacy considered, if there is no other support available from family or friends.

There are many types of abuse including:

- Physical Abuse
- Domestic abuse
- Sexual abuse
- Psychological abuse
- Financial or material abuse
- Modern slavery encompasses
- Discriminatory abuse
- Institutional abuse
- Neglect and acts of omission; and
- Self-neglect

People in Position of Trust (PIPOT)

If there are concerns or allegations about someone working or volunteering with adults, follow the HSAB PIPOT (Person in Position of Trust) guidance [here](#)